

# Faecal Immunochemical Test (FIT) kit Instructions for Trust Consultants

These instructions are to be used when requesting and issuing patients with the FIT stool test kit. For any further advice please contact the Duty Biochemist on x48889 (Freeman Hospital) or x29719 (Royal Victoria Infirmary).

Note that kits are stable at room temperature but should be returned to the laboratory as soon as possible following collection. If there is delay in returning the sample, store this in a cool dry place away from direct sunlight.

## Requesting kits

To request a FIT kit, contact the Blood Sciences laboratory on x24027 (RVI) or x31017 (Freeman). Kit should be collected by a staff member. Kits should be stored at room temperature

## Requesting FIT test

FIT can be requested using e-record  
(Test only available to gastroenterology consultants)

## Items to give to patient

**Kit contents:** FIT test kit and patient instructions

The FIT tube **must** be labelled with the e-record sticker prior to giving to the patient.

Please turn over for guidance on where to place the label.

## General Advice

Please advise patient to read instructions carefully

Please indicate the location on the FIT test kit for the patient to enter the date of sample collection.

Once completed, the kit should be returned to the Blood Sciences laboratory (Freeman or RVI).

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## ...Instructions continued

Place the e-record sticker over the label that is already on the FIT test kit.  
Ensure “Sample date (dd/mm/yyyy)” is not covered.  
Wrap the remaining label over either side of the FIT test kit.

**Please remind the patient that they must complete the date of sample collection on the FIT test kit.**

Failure to do so may result in the sample not being processed.

